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# First Selectwoman's Corner

Before we know it, the Winter of 2016 will be upon us. I am sure that many of us are busy preparing for the holiday season, hopefully looking forward to warm family times. Many of our projects continue to move forward as we head into the cold weather, though we won't see action until the Spring.

**Rogers Lake Weeds Study Update:** In early October, New England Environmental (NEE) conducted the mussel survey within Rogers Lake, required by DEEP, to determine the presence, distribution and density of the Eastern Pondmussel, a "species of Special Concern in Connecticut". The report indicates that Eastern Pondmussels were observed in relatively low densities in Rogers Lake, with the targeted areas for treatment having the lowest density due to the thick vegetation. The survey report has been submitted to the CT DEEP for review, and they will use this to determine the requirements for a permit to treat the weeds with an herbicide. While there were two fish that were also identified as species of Special Concern, the DEEP did not require any additional action prior to applying for the permit. It will now be up to the DEEP to determine if further action is needed before issuing the permit. The report on the survey is available for viewing on the town website under Current Projects ([www.oldlyme-ct.gov](http://www.oldlyme-ct.gov))

**Rte 156 Bike Path and Sound View Improvements:** While the Board of Selectmen voted to go to Final Design for this project at their July 27th meeting, the State of CT DOT did not send approval for Final Design until early November, after reviewing all aspects of the Preliminary design and submitting comments. As we proceed to Final design, we are looking for ways to keep the construction phase on schedule – that is, we would like to have the work completed before Memorial Day of 2016. With that said, depending on DOT requirements, it may not be possible to schedule the actual construction until after Labor Day of 2016. Under no circumstances will work be done during the summer months, as the disruption cannot be tolerated during the peak season. The best news is that the State DOT decided to increase the threshold amount so that the project as submitted will receive the full 80% grant. The Committee is planning on scheduling another public information session to keep people informed about



First Selectwoman  
Bonnie Reemsnyder

Continued on page 5

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## Tax Collector's Notice

Notice is hereby given the Taxpayers of the Town of Old Lyme that the second installment of a tax of 20.62 mills on the dollar laid on the grand list of October 1, 2014 is due January 1, 2016. Also due on that date are the supplemental Motor Vehicle tax bills.

Payments must be made on or before February 2, 2016 to avoid penalty. Any payment made after that date will be charged interest at the rate of 1½% per month going back to the due date. (February interest is 3%)

Questions pertaining to assessments and exemptions should be directed to the Assessor's office at 860 434-1605 ext. 218. Tax questions at 860 434-1605 ext. 216.

Payments may be made at the Old Lyme Town Hall, 52 Lyme St., mailed to the Old Lyme Tax Office, P.O. Box 482, Old Lyme, CT 06371, or through the Town website, [www.oldlyme-ct.gov](http://www.oldlyme-ct.gov), click online payments on the home page.

Judith A. Tooker, Tax Collector

## Streetlights

Reporting Streetlight Problems: Please phone Michele Hayes in the Selectman's Office at the Town Hall (860-434-1605, ext. 212) to report a streetlight outage or streetlight issues that you may notice. When reporting a streetlight, please make note of the pole location and pole number. Thank you!

## Town Offices

52 Lyme St, Old Lyme, CT 06371

Ph: 860-434-1605

Fax: 860-434-1400

## Town Hall Hours:

Monday - Friday: 9:00 - 4:00

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the project and next steps. Special thanks go out to Selectwoman Mary Jo Nosal for keeping this project moving forward.

**Boathouse/Hains Park Improvements:** The BHPIC continues their work on developing just the right plan for the boathouse to be constructed in Hains Park. While they hoped to begin construction prior to winter setting in, it was more important to be assured that the plan matched the needs of the program and the townspeople, and did not exceed the funding amount. The committee narrowed it down to one scheme, which will utilize the existing slab, and construct three bays, each 22 ft. wide, which is the standard size for boathouse storage. There will be no bathrooms in the boathouse building, which results in substantial savings on the project. The savings will be invested in upgrading the bathroom (final plans to be approved at a future meeting) and the installation of a pavilion, which everyone agrees will be an asset for the park. The committee hopes to have construction documents that will allow them to present the plan at a public information presentation and go out to bid in the near future. The construction schedule is still up in the air, as they have to work around the schedule for both the high school program and the rowing association programs.

**Coastal Wastewater Management Plan:** The Town of Old Lyme is still working through the Administrative Order issued by CT DEEP in June of 2015. The order requires that the Town complete the study, submit an Environmental Impact Evaluation (EIE) and respond to comments on the EIE from the DEEP and the public. At this time, the Town is considered to be in compliance with that order, as Woodard & Curran has agreed to submit the EIE at no additional cost to the Town. The engineers of Woodard & Curran and DEEP officials are working together on finalizing the report. Once submitted in final format, comments can be received on the EIE, and W&C will respond to those comments. The WPCA, Board of Selectmen and Board of Finance continue to monitor the progress of the plan.

**Dredging Project/Grant:** In August, the Town of Old Lyme was notified that they were approved for a grant of \$1,614,074 to pay for the dredging of the Black Hall and Four Mile Rivers. The Harbor Management Commission, particularly Chairman Steve Ross and Vice Chairman Ned Farman, worked very hard to complete a study of the rivers to determine the need, and then applied for the grant. The grant pays for 100% of the work, resulting in huge savings for our residents. At the Town Meeting on Sept. 8th, the voters approved spending the grant money for the dredging, which should be completed by March, 2016. Congratulations and a big thank you to the Harbor Management Commission for their diligence in getting this done!

**JLUS Study:** The Towns of East Lyme, Old Lyme and Lyme are working together on a Joint Land Use Study (JLUS) of Stones Ranch, which borders all three towns, and Camp Niantic,

Continued on page 6

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**SELECTWOMAN'S CORNER...**continued from page 5

which is solely in East Lyme. The purpose of the study is to review the impact of many aspects of the military facilities on the communities, including such things as Noise, Traffic, Economics, Mutual support, etc. Matrix Design is the firm that was hired to complete the study, which is likely to result in recommendations for continued good relationships between the Towns and the Military. Matrix Design has reached out to various Boards and Commissions to get their input on concerns and suggestions, so that everyone's voice is heard. There will be more public information sessions to review the progress they are making. Thanks to the Town of East Lyme for taking the lead on this study.

**Halls Road Improvements Committee:** The Board of Selectmen has appointed nine members to this committee, whose first meeting was in November. The Committee will look at Halls Road as a whole in an effort to improve the appearance, safety, and consistency of Halls Road. As it is a State road, collaboration and cooperation with the State of CT will be a key component to the task. It is likely that there will be subcommittees to work on specific tasks for this effort, so if you are interested in helping out, please contact the Selectman's Office ([selectmansoffice@oldlyme-ct.gov](mailto:selectmansoffice@oldlyme-ct.gov)) and let us know.

**Solid Waste/Recycling Review Committee:** The Board of Selectmen also appointed a Solid Waste/Recycling Review

Committee to review the Solid Waste Ordinance and develop education outreach to increase recycling in Old Lyme. There are currently four members on this committee, with one vacancy. If you are interested in helping out on this committee, please contact the Selectman's Office at [selectmansoffice@oldlyme-ct.gov](mailto:selectmansoffice@oldlyme-ct.gov). The committee meets on the second Tuesday of the month at 4 pm in Town Hall.

**Town Woods Playground:** Special thanks to the Junior Women's Club for their work on the Love Your Playground initiative. The members of the Club noticed the need for updated playground equipment at Town Woods Playground, worked with vendors on identifying appropriate equipment, shared their ideas with P & R Director Don Bugbee, and raised the funds to purchase the equipment for installation. The Park & Rec Commission approved the plan, and the Board of Selectmen endorsed it as well. We all thank this group of women for their efforts on behalf of our community!

**Congratulations Braiden Sunshine!** One of our own has made it to the Live showing of The VOICE, which airs on NBC. Braiden is a very talented Lyme Old Lyme High School student whose work with several local bands is well known in our community. This fall he competed on the popular network show, hoping to become the next great star! So far, he has succeeded in remaining on the show, and many in our community are supporting him through the

Continued on page 7

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SELECTWOMAN'S CORNER...continued from page 6

process, by casting their votes for him. We all wish him well and know that we have a star in our midst, no matter the outcome. Best wishes for success, Braiden!

**Election 2015:** All three Board of Selectmen members were reelected on Nov. 3, 2015 to serve for the next two years, so the Board will not change. We look forward to working together on behalf of the residents of the Town of Old Lyme. There are some newly elected officials in town, as well: Welcome to our new Treasurer, Timothy Griswold, who was elected to a four year term, and two new Board of Education members, Erick Cushman and Stacy Winchell, both elected to four year terms. There are also several new faces on various Boards and Commissions, and we welcome and thank them for their service. Special thanks to outgoing officials – John Bysko, who has served as Treasurer for the last eight years, and Paul Fuchs, who served on the Board of Education for five years. No matter the outcome, we should thank ALL of the candidates who ran for office to serve our community. Congratulations to everyone for doing something great for the community.

Remember to take the time to subscribe to the Town of Old Lyme website and get the information you need by signing up for News and Announcements. Also, be sure that you are signed up for our **Old Lyme Alerts** while you are there, and receive calls, texts or emails when there is an emergency notification.

While it is getting to be wishful thinking considering the last several winters – we hope that the Winter of 2016 does NOT bring too much snow, but just enough to make it fun.

On behalf of the Board of Selectmen and all Town Employees, I wish you a Happy Holiday Season and a New Year full of joy and good health.

Bonnie A. Reemsnyder, First Selectwoman

## Town Hours & Holiday Schedule

**Town Hall will be closed** on the following Holidays:

### 2015

Monday, December 26, 2015 – Christmas holiday

### 2016

Friday, January 01, 2016 – New Year's Day

Monday, January 18, 2016 – Martin Luther King, Jr. Day

Monday, February 15, 2016 – President's Day

Friday, March 25, 2016 – Good Friday

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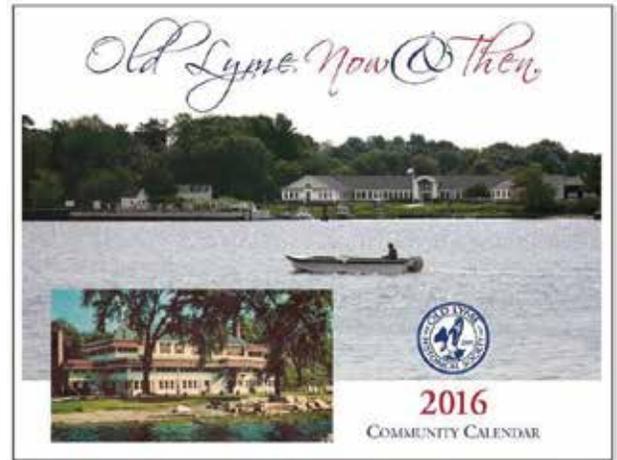


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# Old Lyme Historical Society

The popular *Old Lyme Now & Then Community Calendar* has just been published. 2016 marks the fourth year that the Old Lyme Historical Society has invited sponsors to underwrite months of the year. The photographs show the organization as it is now contrasted with what it was in times past. The Town of Old Lyme has pride in place by starting the year off with a salute to a group of World War II veterans who are photographed in the entrance foyer of the Old Lyme Town Hall. Behind them is the pastel painting *Spirit of the Doughboy* which depicts a woman and a young man gazing at an American flag. It is the work of Albert Herter (1871-1950) and has particular poignancy as it is thought to be of his wife, Adele, and their son Everit, also an artist, who was killed at Chateau Thierry in 1918. This year's sponsors follow in chronological order, February: The Chocolate Shell, March: Old Lyme-Phoebe Griffin Noyes Library, April: Old Lyme Inn/The Side Door, May: The Bowerbird, June: Old Lyme Town Band, July: Sound View Beach Assn., August: Black Hall Outfitters, September: Lyme Art Assn., October: Florence Griswold Museum, November: The Cooley Gallery, and December: Christ the King Church. The calendars are being sold at the Society headquarters, 55 Lyme Street and on its website [oldlymehistorical.org](http://oldlymehistorical.org); The Bowerbird; Florence Griswold gift shop, and at special Saturday kiosks around town until Christmas.



The Historical Society is continuing to renovate its new home. By the time the next issue of the Events Magazine comes out, the Archive storage area will be finished and about ready for business thanks to the stalwart Tuesday Morning Work Crew. The Society plans to hold a celebration: date to be announced. In the meantime off-site accessioning continues. The public is encouraged to contact the Society at 860-434-0684 whenever they come across some items of Old Lyme history they would like to donate.



## OUR CENTENNIAL YEAR

The Old Lyme Country Club is celebrating 100 years of sport, family & friendship! Special membership opportunities will be available throughout 2016 which will allow full use of all our amenities: golf, tennis, pool, paddle tennis, fine dining and much more.

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# Old Lyme Ambulance



The new ambulance was purchased from New England Fire Equipment and Apparatus in North Haven. The ambulance it replaces is currently on loan to a town in Rhode Island whose two ambulances are currently out of service for major repairs. When it returns to Old Lyme (in about 6 months), members of the OL Volunteer Ambulance Association will decide its permanent disposition. The last two retired ambulances were donated to two towns in Maine.



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# Old Lyme Conservation Commission

## Chemical Pesticides Harm Birds

The Old Lyme Conservation Commission continues to recommend that Old Lyme residents avoid using chemical pesticides, which can harm your children and pets, as well as birds. States Tom Andersen, Director of Communications of the Connecticut Audubon Society, "We know from the experience with DDT and its disastrous effect on ospreys that pesticides can be harmful to birds and it can take years to be evident. We also know that bird populations can rebound, if the poisons are removed from the environment. The incredible comeback of the ospreys on the Connecticut River estuary is proof."

The Connecticut Audubon Society's Osprey Nation program is using citizen scientists, including many in the Old Lyme area, to collect data on the state's osprey population. Details are available at [www.ctaudubon.org](http://www.ctaudubon.org) from the CT Audubon Society, CT's original and independent Audubon, founded in 1898.

The Audubon Guide to Home Pesticides tells us, "Pesticides used by homeowners can wreak havoc on wildlife, even when they're correctly applied. About a dozen pesticides approved

for backyard use have caused documented die-offs of birds." <http://web4.audubon.org/bird/pesticides/>

To prevent bugs such as carpenter ants, aphids, termites, and grubs, homeowners often use products that contain diazinon, a danger to humans, but also it "is highly toxic to birds, fish, and other wildlife.... The EPA bans its use on golf courses and turf farms, but homeowners can still buy it. Nearly half of all reported wildlife poisonings from home or garden pesticide use involve diazinon."

The Connecticut Audubon Society's new Roger Tory Peterson® Estuary Center will host its spring Connecticut River Estuary Lecture Series, highlighting the ecology, science and culture of the lower Connecticut River. The Roger Tory Peterson® Estuary Center Regional Board is one of Connecticut Audubon's five regional boards, formed this year to create a Connecticut Audubon center near the mouth of the Connecticut River.

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HOD# 0000591 B1-0403715

# Election Results in Old Lyme

Congratulations to all who were elected to public office on November 3, and thank you to all the candidates who were willing to serve our community. 2321 voters cast ballots for a

48% turnout, one of the highest in the State. The results (**winners in bold**) are:

**First Selectman**

**Bonnie Reemsnyder (D) 1278**  
Catherine Carter (R) 1009

**Tax Collector**

**Judith Tooker (R) 1385**  
Ruth Roach (D) 876

**Zoning Commission**

**Jane Marsh (R) 1547 Term begins 2016**  
**Jane Cable (D) 1411 Term begins 2015**

**Board of Selectmen**

**Skip Sibley (R) 1150**  
**Mary Jo Nosal (D) 1120**

**Board of Finance**

**Bennett Bernblum (D) 1392**  
**Andrew Russell (R) 1367**  
**David Woolley (D) 1246**

**Zoning Board of Appeals**

**Kip Kotzan (D) 1428 Term begins 2016**  
**Karen Conniff (D) 1421 Term begins 2015**

**Regional Board of Education**

**Michelle Roche (D) 1255**  
**Stacy Winchell (R) 1184**  
**Erick Cushman (R) 1138**  
Paul Fuchs (D) 1088  
Peter Hunt (D) 1059

**Board of Finance alternates**

**Robert Jose (R) 1399**  
**J. David Kelsey (R) 1387**  
**Adam Burrows (D) 1302**

**Zoning Board of Appeals alternates**

**Marisa Hartmann (D) 1328**  
**\*Nancy Hutchinson (P) 734**  
**\*Harry Plaut (P) 749**

**Town Treasurer**

**Timothy Griswold (R) 1267**  
Gil Soucie (D) 982

**Planning Commission**

**Harold Thompson (R) 1548 Term begins 2015**  
**Chris Kerr (R) 1537 Term begins 2016**

**Board of Assessment Appeals**

**Roderick White (R) 1513**  
**\*Petitioning candidates**

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**Leslie Jermainne**, ePRO  
Realtor  
Leslie@TeamJermainne.com



'Twas the night before Christmas and all through the house,  
The owners were selling with Brian and spouse.  
The listing was signed and explained with care,  
The photos were taken and disclosures were there.

The owners were nestled all snug in their beds,  
While visions of moving danced in their heads.  
Brian and Leslie were working so fine  
On the web, in the papers, ads all the time.

When out on the lawn there was placed a sales sign  
"Call TeamJermainne" it said, any old time.  
And what to the seller's eyes did appear,  
But a qualified buyer who loved the house dear.  
With a little negotiation, a deal is struck  
Now is the time to call a big moving truck.

More rapid than eagles the deposit it came  
The inspections were done, not a problem to name.  
Now sorting, now packing, now boxing and stacking.  
Onto walk thru and closing and conveyance taxing.  
To the attorneys they went, ready to sign  
Brian, the sellers, the buyers...oh my!

Brian and Leslie were more than just agents,  
Friends they'd became over time and with patience.  
Better service the sellers never have found.  
From Old Saybrook to Essex and all other towns.

And now a year later, the owners at home,  
Get a call from Brian with a happy tone.  
"We've been thinking of you, are you happy there?"  
"Yes," said the owners, "you're such a nice pair."  
"Our friends need to sell can we refer them to you?"  
"Of course you can," said Brian "referrals we do!"  
"Oh, one more thing to make this call right,  
Happy Holidays to all and to all a good night."



# HAPPY

# HOLIDAYS!



# Behind the Scenes of Emergency Preparedness

Long before a hurricane is forecast to make landfall in New England, or a 48 hour winter snow storm is scheduled to begin, members of the Town's Emergency Management team have begun their preparations for the protection of the health & safety of our residents.

For the next issues of Old Lyme Events, we'll introduce you to the friends and neighbors who have volunteered to be part of Old Lyme's Emergency Management Team.

## Respite Center Manager Bill Archer

Bill Archer's phone call offering to help at the Senior Center following Hurricane Irene was the catalyst that led to the Town's Respite Center operation at the Lymes' Senior Center.

During the aftermath of Storm Sandy, the Respite Center was a place where people could pick up water or ice, recharge cell phones and laptops, share a meal with fellow storm survivors, or just gather with others to swap survival stories. Respite Center volunteers purchased and prepared food, offered a friendly ear for those weary from days without power, and kept a watchful eye for people who might need more than just a place out of the storm.

This fall, as soon as Hurricane Joachim's potential impact on our shoreline was announced, Bill Archer retrieved his

Respite Center Operations binder from a designated backpack and started planning. He used the Old Lyme Alerts system to send messages to Respite Center volunteers, asking them to stand by to prepare for Respite Center Operations. The Respite Center staffing is done with teams of 6, a system that developed after Sandy, when volunteers were putting in 14 to 16 hour days at the Center. Now, Respite Center team leaders (Bill & Judy Archer, Mike & Mary Lou Rice, Alan & Elda Cone) and volunteers – more than 30, so far – work in shifts from 7am to 9pm. A fourth team (Diane Blackwell & Richard Dakin) concentrates on meeting the needs of Meals on Wheels recipients during the emergency.

Many Respite Center volunteers are Red Cross-trained in disaster services and food service. Bill Archer, a retired wilderness first responder, has taken a number of certification courses, including Safe Serve and CPR/AED. All the volunteers are "yes people," according to Bill, for an operation that demands cooperation, patience, and endurance. He believes that "help your neighbor" is the mantra in our small town, and that the emergencies we have endured together have brought out the best in us.

If you'd like to volunteer for the Respite Center team, please contact Bill through the Town Hall (860-434-1605; selectmansoffice@oldlyme-ct.gov).

Continued on page 15

**WINTER ACTIVITIES AT LYME SHORES**

### After-School Tennis Programs for Kids

*Eight-week sessions throughout the school year*

<p><b>Big Shots (ages 4-6)</b> Tue. or Thu., 4-5pm</p> <p><b>Future Stars (ages 7-9)</b> Tue. &amp; Thu., 4-5pm</p> <p><b>Team Connecticut</b> Mon. &amp; Wed., 5:15-6:30pm For competitive junior players</p>	<p><b>Local Excellence (ages 10-12)</b> Tue. &amp; Thu., 4-5pm</p> <p><b>Tournament Tough (ages 13-15)</b> Mon. &amp; Wed., 4-5:15pm</p> <p><b>High School</b> Boys- Fri., 3:30-5pm Girls- Sat., 9-10:30am</p>
--	--

### Adult Programs

<p><b>Strength &amp; Balance</b> M/W/F, 10am</p> <p><b>Stability Ball</b> Mon., 8am</p> <p><b>Yoga</b> M/W, 11am</p> <p><b>Circuit Training</b> T/Th/Sa/Su, 8am</p> <p><b>Cardio &amp; Strength</b> Fri, 8am</p>	<p><b>Drop-in Pickleball</b> Mon., 1-3pm, All levels Wed., 6:30-8pm, All levels</p> <p><b>Adv. Beginner Tennis Drills</b> Tue., 9-11am</p> <p><b>Intermediate Tennis Drills</b> Mon., 10:30am-12pm</p> <p><b>NTRP Tennis Drills</b> Sat., 10:30am-12pm, All levels</p> <p><b>Cardio Tennis</b> Wed., 7-8pm, All levels</p>
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## Special Needs Liaison Carrie McCarthy

Carrie McCarthy is going into her 12th year of service for the Old Lyme Volunteer Ambulance Association (OLVAA) and became its Chief of Service in May of 2015. When she was asked to be the Special Needs liaison in 2010, Carrie says she “jumped at the opportunity to help the citizens of Old Lyme [with] preparation and preparedness, rather than just at their worst time of need when they call 911.”

Using information on Special Needs forms completed by residents and caregivers, Carrie maintains contact information for Old Lyme residents who might need extra assistance in the event of an emergency. Special needs might entail a sight or hearing impairment, dependence on oxygen or other electrically powered equipment or reliance on a service animal, wheelchair or walker.

The Special Needs list consists of 200+ mostly year round Old Lyme residents and was initially created by Brett Flynn. Carrie coordinates with the Emergency Operations Center, as well as the OLVNA and the Senior Center during every event “to make sure we have everyone on the list who needs to be.” Assisted by her mom, Barbara Rozanski, and Lori Landry, she makes contact with everyone on the list multiple times in advance of an anticipated emergency event. Those who do not answer or call back are visited personally with the help of Public Works, the OLVAA, Old Lyme Fire Department, and Old Lyme Police Department. During the last major storm, the blizzard, the

Special Needs team went door to door to check on about 30 people, some of whom were evacuated for safety reasons. Carrie says they work as a well-oiled machine to ensure the safety of Town crews and citizens. The team conducts annual drills to make sure they are well-prepared.

If you or someone you know would require special assistance in the event of an emergency, please make sure a registration form has been filed with the Town. Keep in mind that a special needs situation could be temporary (e.g. during recovery from a medical situation), while others may be more permanent. *And please don't forget to take name(s) off the list when special assistance is no longer required.*

There are typically only 2 or 3 people making the calls to people on the list, so it needs to be as accurate and current as possible. The information on the forms is kept strictly confidential and not shared with anyone outside of the Emergency Management Team. Special needs forms are available at the Town Hall and Lymes' Senior Center, and are contained in Annual Town Reports.

**What is 2-1-1?** It is Connecticut's free information and referral service. By dialing 2-1-1, a toll-free number throughout CT, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours a day, every day of the year. TDD access is available.

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# Lyme's Senior Center



## Programs

**Christmas Luncheon.** The Christmas Luncheon will be held on Thursday, December 22nd at 12:00 pm. Reservations can be made by calling (860) 434-4322.

**Lyme Old Lyme High School Select Singers Performance.** December 22nd at 1:00 pm as Lyme -Old Lyme High School Select Singers will be here to perform their Holiday Melody for us.

**AARP's Life Reimagined.** January 5th at 1:00 pm join us for AARP's Life Reimagined. Reimagining your life can mean new passions to pursue, work that's rewarding, great people to connect with and a healthier and more fulfilling lifestyle. This session is 60 minutes, and offers a personalized, authentic and thought-provoking approach to help you navigate the next phase of your life. Please call to register.

**Pat Mitchell Performance.** On January 6th at 1:30 pm, join us as Pat Mitchell, pianist who currently performs at the Norwich Inn and Spa and has performed for many years at the Lighthouse Inn, will entertain us. This is a Senior Club Event and Admission is \$1 which will be collected by the club at the door.

**D Day, What Led Up To It & Its Impact.** January 12th at 1:00 pm for a program "D Day, What Led up to it & Its Impact" given by Mark Albertson. Mark has been a member of the United States Naval Institute for more than 25 years. He is an historical research editor at Army Aviation magazine and has authored three books: *USS Connecticut: Constitution State Battleship, They'll Have to Follow You! The Triumph of the Great White Fleet*, and *On History: A Treatise*. He teaches World War II history at Norwalk Community College for Lifetime Learners. Please call to register.

**Massage Demonstration.** January 13th at 1:00 pm Massage Demonstration from Bonne Sante. Isabelle McKeon, licensed massage therapist from Bonne Santé Wellness Center Old Lyme, will provide a brief demonstration of therapeutic massage and an explanation of the benefits of therapeutic massage for seniors. She will demonstrate massage techniques that benefit many ailments experienced by the elderly by using gentle and light application of massage techniques and passive stretching and a light oil to permit muscles to be worked on without causing excessive friction to the skin. Please call to register.

**A Taste of Chinese Culture.** Join us on January 19th at 1:00 pm for "A Taste of Chinese Traditional Culture" put on by volunteers from the CT. Chinese Culture Association. This presentation will include slide and video presentation highlighting the essence and uniqueness of the Chinese culture. Please call to sign up.

Continued on page 17

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SENIOR CENTER...continued from page 16

**Michael Ciulla Performance.** February 5th at 1:30 pm Michael Ciulla a NYC professionally trained singer, actor, and voiceover artist with extensive professional experience will perform for us. He will perform music from such artists as Frank Sinatra, Nat Cole, Count Basie, Dean Martin, Louis Jordan, Cole Porter, Irving Berlin and Glenn Miller. Louis Prima, Bobby Darin, The Everly Brothers, Roy Orbison and Elvis Presley. This performance is sponsored by the Senior Club and admission will be \$1 at the door.

**An Afternoon with George and Ira Gershwin.** February 23rd at 1:00 pm join us for An Afternoon with George and Ira Gershwin. Using words and music, Julie tells the story of the Gershwin Brothers....George who changed the course of American music with "Rhapsody in Blue" and "Porgy and Bess" and Ira, whose lyrics graced Broadway hits and Hollywood classics. Beginning with "S Wonderful" & ending with "The Man That Got Away"....this is a tune filled delight. Please call to register.

**Sing-A-Long with Songbird Judy Hall.** On March 2nd at 1:30 pm come join us as we Sing-a-Long with Songbird Judy Hall. With 25 years of experience, she provides a good time for all as she leads us in the music we know best. This program is sponsored by the Senior Club and admission will be \$1 at the door.

## Classes

On January 5th at 10:00 am, we will begin an 8 Week Advanced Creative Drawing Class. Space is limited so register today. Call to register. The class will cost \$32 and is due at the first class. This class is open to all members.

On Thursday, January 7th at 10:00 am we will be starting a six week Tap Dancing Class. This program will be taught by Bethany Haslam, owner of The Dance Center of Old Lyme. With 30 years of dancing experience in addition to choreographing over 20 shows and musicals, Bethany comes well qualified. The six week class will cost \$24 for the six week class. Money will be due at the first class. Preregistration is suggested as class size is limited to twelve people. Participants will need to bring tap shoes. For more information about this class or to register call (860) 434-1605 ext. 240.

Start the New Year out right; join us for a 6 week Yoga for Active Adults Class which will be held at 4:30 pm on Wednesdays starting on January 6th. Pre-sign up is required. The cost of the class will be \$24 which will be due to the instructor at the first class and you will need to bring your own mat. Call to register. This class is open to all members.

Come get a little wordy with us. Join us for our weekly Scrabble on Friday's from 1:00-3:00 pm. This program will start on January 8th. Call to sign up. Minimum of four people will be needed to run this program.

Continued on page 18

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On January 20th at 5:45 pm we will be starting a 6 Week Pilates Class on Wednesday Nights. The cost is \$24 which is due at the first class and requires pre-signup. Call to register. This class is open to all members.

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## The SAT Takes Over For the SBAC

By State Representative Devin Carney  
Lyme, Old Lyme, Old Saybrook, Westbrook

After a somewhat tumultuous rollout of the mandated Common Core curriculum and its accompanying Smarter Balanced Assessment Consortium ("SBAC"), the legislature voted this past session to remove the SBAC test and replace it with the popular SAT for high school junior assessments. Since federal approval was given in August, this change will go into effect for the current 2015-16 school year. I supported this because many high school students in the 23rd District already take the SAT (many in their junior year), so this would mean one less standardized test. The change should lead to lower student stress and more time spent learning in the classroom.

This should bring a small sigh of relief to Lyme/Old Lyme teachers, parents, and high school juniors. Beyond the benefits of reducing duplicative testing, students will receive a fee waiver to sit for the exam (as opposed to paying the \$50 fee to take it) and the test is completed in one day as

opposed to over several. According to The College Board (the company that produces the SAT), the exam will now focus on math that matters more for career readiness and move away from testing obscure vocabulary words.

In addition, the state has established a Mastery Examination Committee to address standardized testing in grades 3-8. This committee is studying the impact of standardized examinations on learning time, whether these exams are an appropriate assessment, the feasibility of reducing the time required to complete these exams, and the best format in which to take them. The legislature will be receiving reports from the Committee in February 2016 and January 2017.

As always, I welcome your thoughts and opinions on this or any other topic. I can be reached at [repdevincarney@gmail.com](mailto:repdevincarney@gmail.com) or (860) 240-8700. I wish everyone a happy and healthy holiday season!



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# Trash and Recycling

**Curbside trash removal** is performed by Old Lyme Sanitation (860-434-3800). There is **no trash pick-up on the following Holidays:** Christmas (December 25), New Year's (January 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in September), and Thanksgiving Day (fourth Thursday in November). Trash normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, trash pickup moves to the following day, until Thursday and Friday, which remain on schedule. Please be advised that Old Lyme Sanitation DOES NOT take off the same Holidays as the Town does.

Please have trash container out at curbside by 6am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful not to block breakdown/emergency lane with receptacle. **Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans.** Phone Michele Hayes (860-434-1605, ext. 212) with any additional trash removal questions that you may have.

**Single stream curbside recycling** pick-up is provided for clean bottles, cans, #1 - 7 plastics and paper products

co-mingled in the green recycling carts every other week. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single stream recyclables is available on the Town's website ([www.oldlyme-ct.gov](http://www.oldlyme-ct.gov)) – click the trash and recycling link on the Selectman's or Public Works pages or at [www.shorelinesanitation.com](http://www.shorelinesanitation.com). Information is also available in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes (860-434-1605, ext. 212) with any additional questions you may have.

**Curbside recycling** is performed **every other week** by Old Lyme Sanitation (860-434-3800). There is **no recycling pick-up on the following Holidays:** Christmas Day (December 25), New Year's (January 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in September), and Thanksgiving Day (fourth Thursday in November). Recycling normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, recycling pickup moves to the following day, until Friday, which remains on schedule. Recycling information is available on the Town's website ([www.oldlyme-ct.gov](http://www.oldlyme-ct.gov)), as well as in the Selectman's Office at the Memorial Town

Continued on page 21

## MARK REEVES, BUILDER

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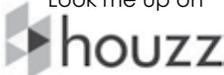
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TRASH AND RECYCLING...continued from page 20

Hall, 52 Lyme Street, or at the Landfill/Transfer Station on Four Mile River Road. **Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans.** Phone Michele Hayes (860-434-1605, ext. 212) with additional questions you may have.

**Additional automated trash and recycling containers** should be ordered through Michele Hayes (860-434-1605, ext. 212) in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street. Containers cost \$80. **Please mark clearly your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans.** Homeowners are responsible to replace lost, stolen or broken cans at their expense.

## Lyme Academy College of Fine Arts

### Exhibition

**Characters: Works by the Lyme Illustration Faculty.**  
December 4 – January 23, 2016. Monday – Saturday,  
10 am - 4 pm.

### Gallery Talk by the Lyme Illustration Faculty

Thursday, January 21, 2016, 6 – 8 pm. Reception at 6 pm.  
Lecture at 7 pm. Chauncey Stillman Gallery. \$15 for Reception and Lecture. Seating Limited. Reservations Required. Kristen Brady, 860-434-3571 ext. 121, Kbrady@lymefcs.newhaven.edu.

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# Harbor Management Commission

## Dredging Project

The past several months have been pivotal in bringing the proposed dredging projects on the Four Mile and Black Hall Rivers to fruition. The application process to dredge was completed after three years of conducting studies, testing, planning and determining the details required to improve the navigation channels of these two rivers and and restore the tidal flooding of the marshes and other marine vegetation.

The project was managed and coordinated by HMC Vice-Chairman Ned Farman with support from Chairman Steven Ross and First Selectwoman Bonnie Reemsnyder. It is important to note that this project will be completed without expenditure of any Town funds or tax dollars, and all funds required have been received in advance, not as a reimbursement. This is an extraordinary accomplishment and benefit to the Town, literally a "once every few decades" opportunity.

Applications were submitted to the CT Department of Energy and Environmental Protection (DEEP) with copies of all test results, reports and the precise planned routes for the dredged channels. This included determination of the amount

of material estimated to be removed and plans for transporting the material for disposal.

Application was concurrently made to obtain approval from the Army Corps of Engineers. It was a complex process involving professional expertise and much of the work was contracted to Coastline Consulting LLC. The cost of all studies and testing was paid in full with funds received in a grant from the CT Department of Transportation in 2011.

We received approval for the Black Hall River application from DEEP on April 21 and for the Four Mile River on May 5. Approval from the Army Corps followed shortly thereafter.

The bid specifications were then developed and bids solicited in June. Once we had the bids for the projects, we applied for another grant and it was awarded by the CT DOT on July 28 in the amount of \$1,614,074. This amount is the combined total of the bids for the two rivers.

Contracts were drafted with Patriot Marine for the work but were held tentative pending receipt of the grant funds and a vote at a Town Meeting which is required to authorize the expenditure. The Town Meeting was held September 8 and the proposal was approved overwhelmingly by a vote of 117 in favor and 11 against.

Continued on page 23

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## HARBOR MANAGEMENT...continued from page 22

Contracts were then executed with Patriot Marine for the dredging and Coastline Consulting LLC for the pre and post dredge final surveys required and management services. We were thrilled when dredging commenced October 9. The project should be completed sometime in January, depending on weather, of course.

The Four Mile River dredging was started first and involves increasing the depth and improving the navigation channel from the Four Mile River marina south into Long Island Sound. Approximately 13,000 cubic yards will be removed. The process is complicated by having to transfer dredge materials from small scows to a large barge due to having to pass under the railroad bridge near LIS.

The Black Hall River dredging will overlap the Four Mile work to some extent and will improve the channel from the Shore Road Route 156 bridge south into Long Island Sound. Approximately 9,800 cubic yards will be removed.

When completed, this project will provide much better access for recreational boating from the State boat launches on the Back River that flows into Black Hall and the one located on the Four Mile River. It will also benefit the three local marina businesses and their local customers. Improved flow and removal of sediment provides an environmental benefit for the surrounding salt marshes by diminishing any stagnation from very low depth.

Your Harbor Management Commission and its members are pleased to have been able to complete this lengthy process and improve our unique natural resources with no burden to our taxpayers.

**Steven A. Ross, Chairman and Ned Farman, Vice Chairman**

## Boat Launch Sites

Old Cart Path, off Oakridge Drive: **Four Mile River State Boat Launch**

Smith Neck Road: **Great Island/Roger Tory Peterson Wildlife Area State Boat Launch**

Shore Road, near Ferry Road: **Lt. River State Boat Launch**

Ferry Road: **Town Dinghy Dock**

Pilgrim Landing (off 156): **Pilgrim Landing State Boat Launch**

Grassy Hill Road: **Rogers Lake State Boat Launch**

## Save These 2016 Dates!

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Mihae Lee, Artistic Director

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Subscriptions: \$120  
Single tickets: \$35

### January 10, 2016

Valley Regional High School, Deep River  
**The Juilliard Quartet** with pianist **Mihae Lee**  
String Quartets by Mozart and Beethoven and the monumental F minor Piano Quintet of Brahms.

### February 21, 2016

Valley Regional High School, Deep River  
**Stu Ingersoll Jazz Concert**  
**Jeff Barnhart and his Hot Rhythm**  
Pianist Jeff Barnhart and his top-notch band of all-stars will play hot jazz from the 1920s and 30s.

### March 6, 2016

John Winthrop Middle School, Deep River  
**Patricia Schuman, soprano**  
A sparkling and varied program with harpist **Megan Sesma**, pianist **Douglas Dickson**, and a surprise **Special Guest Artist!**

### April 3, 2016

Valley Regional High School, Deep River  
**Fenton Brown Emerging Artist Concert**  
**New Haven Symphony Orchestra & Violinist Tessa Lark**  
**William Boughton** conducts music by Mozart and Haydn and Beethoven's beloved Violin Concerto.

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# Town Clerk's Office

Eileen K. Coffee, Town Clerk

Vicki Urbowicz, Assistant Town Clerk

## Congratulations

We congratulate the following on their recent marriages:

### July

David Robert Bennett & Ashley Marie Brewer

Kevin Drew Clendennin & Elaine Marie Spinney

Sean Joseph Cody & Caitlyn Noel Hardy

Glenn William Demott & Diana Torok

Garrett Thomas Dow & Lauren Elena Heslin

Nicholas Joseph Fulton & Ashley Marie Degregory

Jon R. Larson & Kelly E. Sullivan

Matthew Michael McCann & Elizabeth Anne Gunn

Christopher Pace Murphy & Yvonne Sloane Griswold

Richard Carmine Porcelli & Tanya Gourangi Raisz

Todd Thomas Siedsma & Jevan Louise Whitaker

Matthew Reynold Stark & Dana Marie Karpuska

### August

Michael Anthony Barbaro & Katherine Louise McCully

Jeffrey George Beadle & Vera Halina Reed

Jerimiah Booream-Phelps & Katy Skye Donald

Christopher John Carnevale & Caitlin Rae Slezycki

Joseph McNab Caron & Margaret Elizabeth Nixon

Bjorn Edward Enquist & Victoria Anne Hodge

Jason Andrew Harrelle & Katy Renee Hopkins

Justin Scott Holmes & Maureen Elizabeth Quintin

Shane Michael Kelly & Melissa Ann Przybysz

William David Lacourciere & Renee Louise Gallinoto

Thomas Matthew Oleary & Tammy Marie Storch

David Pepin & Joan Rachel Stern

Richard Traver Steiner & Christina Marie Hage

Brett Byrnes Trentham & Meredith Ann Richards

Bruce Michael Wilcox & Danielle Marie Sorano

### September

Garrett Scott Boehm & Amanda Lauren Russ

Wayne Arnold Bunker, Jr. & Lisa Kamens Robinson

Eric Steven Chomka & Jennifer Ann Letourneau

John Michael Gaetano & Morgen Alexis Grandjean

Thomas Scott Hacker, Jr. & Sarah Ely Haff

Allen Charles Hadelman & Inson Neglio

Jacob Samuel Himmelrich & Sarah Katherine Munson

Rosa Usa Icyda & Elizabeth Victoria Haddad

Ronald Moran & Stephanny Paola Mora

Eric Franz Ossmann & Michelle Anne LaMontagne

Marc Przygocki & Kendra Lea Herrick

Continued on page 25

# Daily Lunch & Dinner Specials

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TOWN CLERK...continued from page 24

## With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

### June

Sandra H. DeMazza

### July

Conrad John Kronholm, Jr.  
Marion Keene Lopez  
Godfrey Tomanek

### August

Joseph Lee Barlow, Sr.  
Ward Bing  
Rocco A. DeFrino

### August continued

Richard Everett Kyle  
Stacy Latricia Wide Lockhart  
David Singer  
Hilda Thomas  
Robert J. Vastano  
Anne E. Vaughn

### September

Timothy Michael Everin  
Pia Faulise  
Helene Johnston  
James Curtis Mol  
Elizabeth Chadwick O'Connell  
Irving Franz Oertel  
Donna L. Truckenbrodt  
Elizabeth Lucy Yuknat

## Managing Grief During the Holidays

### Faith Marrion, LCSW, East Lyme Psychological Associates

As the leaves turn color and the air gets chilly, our thoughts turn to the approaching holiday season. Holidays can be both joyous and stressful, but for those who have faced loss or trauma, they can be especially difficult. Some hope the days will pass quickly and that they will find ways to avoid the gatherings where one is expected to be cheerful, and others may find unhealthy ways to cope such as drinking too much or overeating.

If you are someone who has experienced losses or trauma which have made just getting through the day a challenge, it may be helpful to talk to friends, a therapist or a clergy member who can help you find ways to make this a time of hope and renewal. A new tradition or reconnecting with people who you've lost touch with are ways to feel as if one is moving forward, and a symbolic gesture to acknowledge the losses may help bring a sense of peace.

If there are children involved, use this as an opportunity to show them that we can acknowledge pain and still allow new joy into your lives, and that one does not have to grieve alone.



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# Old Lyme-Phoebe Griffin Noyes Library

Sign up for our E-Newsletter at: [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org). The Library does not distribute or sell our patron email list to any commercial or nonprofit business. We use your email solely for contacting you about library programs, special events and announcements.

Please register! Registering allows for planning appropriately for the event (i.e. make sure there are enough refreshments, chairs, handouts or materials if a craft is involved) and for contacting you if there are any program changes. It's easy to do. Visit [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org), select the program listed on the Events tab or call the Library at 860-434-1684 for assistance. New programs and events are posted monthly. All programs are free and open to the public unless otherwise noted.

## Children's Events

Check out our fabulous Winter programs for kids! Registration is required for all events unless otherwise noted. Questions? Call Children's Librarian Michelle DeSarbo at (860) 434-1684 for more information.

**January 13, February 10, and March 9, 5:30-6:15 pm – Sweet Beats Family Music with Eleanor Robinson.** Join us for an evening of music and movement with Eleanor Robinson, owner of and musician behind Sweet Beats Family Music. We will sing, dance, and sway our way through Eleanor's wide musical repertoire. This free activity is perfect for families with children 0-5 years of age; registration is strongly encouraged.

**Thursday, January 7, 4:00-5:00 pm – *Diary of a Wimpy Kid Party*:** Zoo-wee mama! We're hosting a *Diary of a Wimpy Kid* party and you're invited (but only if you don't have the cheese touch). Meet other Wimpy Kids, play some hilarious games, and grab an awesome goody bag to take home. All materials will be provided.

**Thursday, January 21, 4:00-5:30 pm – Favorite Flicks: *Minions*.** Grab your friends, choose some movie snacks and catch *Minions* on the big screen. Drop-ins are welcome. This film is rated PG and runs approximately 90 minutes.

**Thursday, January 28 & Thursday, February 25, 4:00-5:00 pm – Game Day.** Kids in grades K-5 are invited to come play with tangrams, explore card games, dice, and more. Get ready for some surprise twists that will test your skills. Snacks will be provided.

**Saturday, February 6, 10:00 am-12:30 pm – Take Your Child to the Library Day.** It's Take Your Child to the Library Day and we're feeling the love. With Valentine's Day right around the corner, why not stop in with your little one and share what makes the library such a special place? Hear some love-themed stories, make some one-of-a-kind Valentine crafts, take a snapshot in our photo booth, decorate a yummy treat to take

home and share your love for the OL-PGN Library with the world on our bulletin board. Don't forget to stop by the Reference Desk and sign up for a library card.

**Thursday, February 18, 4:00-5:00 pm – Family BristleBot Challenge.** Join us for an exciting STEAM challenge. Learn how to build your own robot using a toothbrush head, mini motor, battery and markers. Start them up, put them down and watch them go. All materials will be provided.

**Date & Time TBA – Grey School of Irish Dance.** Come to a St. Patrick's Day celebration that will have you ready to get up and dance. The Gray School of Irish Dance will visit the Community Room for a special performance in honor of St. Patty's Day. Light holiday refreshments will be provided. Grab a green goody bag on your way out the door for some fun surprises.

**Thursday, March 17, 4:00-5:00 pm – Marble Run Mania.** Ready for another STEAM challenge? Roll up your sleeves, rev up your imagination and build your own marble run. You and your teammates will get to choose from our random assortment of building materials. Then, your group will work on the construction process. The possibilities are endless. All materials will be provided. Registration is required.

## Teen Events

Come out of the cold and enjoy our exciting teen programs. Join us for a winter filled with crafts, movies, gaming, and more. Kids in grades 6-12 can preregister for any of these activities on our website or call the Interim Young Adult Librarian, Michelle DeSarbo at (860) 434-1684 for more information.

**Monthly starting January 5, 3:00-4:00 pm – Teen Art Labs.** Join us each month to learn about a new style of art and create your own masterpiece. This young adult program meets monthly on the following additional dates: February 2, March 1, and April 5.

**Monthly starting January 11, 3:00-4:00 pm – Teen Advisory Board.** Teen Advisory Board members will help plan programs and events, vote on new books to add to the collection, and more. It is a great way to earn community service hours. This young adult program meets monthly on the following additional dates: February 8, March 14, and April 11.

**Monthly starting January 19, 3:00-4:00 pm – Teen Tech Workshops.** Each month we will learn to use technology in new and exciting ways, as well as make our own tech based projects. This young adult program meets monthly on the following additional dates: February 23, March 15, and April 12.

**Monthly starting January 29, 3:00 - 4:00 pm – Anime Club.** Join us on the last Friday of every month for anime screenings, snacks, games, and much more. This young adult program meets monthly

Continued on page 27

on the following additional dates: February 26, March 18, and April 29.

**Monthly starting January 8, 3:00-4:00 pm – Gaming Club.**

This club will introduce teens to new video games, host gaming competitions, and more. This young adult program meets monthly on the following additional dates: February 5, March 4, and April 8.

**Friday, January 22, 3:00-4:00 pm – 90s Night.** Let's celebrate the 90s with "old school" crafts and snacks.

**Monday, January 25, 3:00-4:00 pm – Minute to Win it.** Complete short challenges to win fun prizes!

**SPECIAL EVENT! Coming March 9th, 2016 – Kevin Manning presents Make Your Own Telescope to Old Lyme!** Former NASA scientist will be here for one program only geared for students with a passion for building and tinkering.

## Adult Events

**Contemporary Classics Book Discussions with Marsha Bansavage, Mondays at 7:30 pm.**

**February 2, *This is the Story of a Happy Marriage* by Ann Patchett.**

**March 7, *Redeployment* by Phil Klay (National Book Award 2015).**

**April 6, *Let the Great World Spin* by Colum McCann.**

**May 2, *Go Set a Watchman* by Harper Lee.**

## Rogers Lake Authority News

The Rogers Lake Authority deploys a patrol boat on Rogers Lake for 30 hours a week during the summer months to promote safe activities on the lake. We are asking for your assistance in reporting unsafe activity occurring on Rogers Lake anytime of the year. To report any unsafe activities, please use the form that is available on the Rogers Lake Authority website [http://www.oldlyme-ct.gov/Pages/OldLymeCT\\_BComm/rogers\\_lake/index?textPage=1](http://www.oldlyme-ct.gov/Pages/OldLymeCT_BComm/rogers_lake/index?textPage=1). Click on "Report Boating Violation." Thank you for your assistance.

The Rogers Lake Authority will sponsor a combination safe boating / personal watercraft course in April 2016. The

## Assessment Appeals Applications Due

Applications for the Board of Assessment Appeals process will be available in this office the end of January. Applications must be filled out and returned to the Assessors office in its entirety on or before February 20th. The Board of Assessment Appeals meetings are not yet available.

The Assessors Office reminds residents of Elderly & Totally Disabled and Additional Veterans tax relief availability. Elderly & Totally Disabled Tax Relief for Homeowners is available from February 15 through May 15th. An additional Veterans

**Phoebe's Book Chat** – Meets on the second Thursday of the month at 11:00 am. All are welcome.

**January 14, *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer.**

**February 11, *The Book of Unknown Americans* by Cristina Henriquez.**

**March 10, *The Dinner* by Herman Koch.**

**April 14, *Dead Wake* by Erik Larson.**

**May 12, *The Memory of Running* by Ron McLarty.**

**June 9, *The Abstinence Teacher* by Tom Perrotta.**

**February 10, 17 & 20, 2016 - Finding Your Next Job: A Practical Workshop** presented by Denis Powers and Susan Cumiskey of Mentoringam Corp for Community Development. Aimed at adults from first time job hunters to career changers and those newly retired. Introductory sessions will be followed by classes tailored to participant needs. More details to follow.

**March 9 at 7pm - Kevin Manning presents Astronomy for Everyone: the Scale and Size of the Universe.** Manning, a former consultant to NASA, will take us on a virtual journey of the cosmos to explore the very small and the very large. This program is designed for all ages. Registration required.

Check out our website at [www.oldlyme.lioninc.org](http://www.oldlyme.lioninc.org) for more monthly events coming in 2016.

course is open to the public and any age group. After successfully completing the eight-hour course, you will receive a Connecticut Certificate of Personal Watercraft Operation that enables you to operate recreational vessels up to 65 feet in length including Jet Skis. Your certificate never expires and is recognized in all states. The typical cost of the course is \$125, but the RLA has arranged a special price of \$100 for this session to be held at the Rogers Lake West Shores Association clubhouse sometime in April. If you are interested in taking this course, please contact Mike Sicord at 860-227-3282.

Exemption is also available for those who qualify for the above. To qualify, recipients must have reached the age of 65 or older by the end of the previous year or be totally disabled. Eligibility is also based on combined/single income limitations & length of home ownership. Applicants may not be receiving federal, state, county or municipal financial subsidy or aid.

For more information please call Mickie Fraser, Administrative Assessment Technician @ 434-1605 Ext. 219.

# Champagne & Sparkling Wine for the Holidays

## Art LiPuma, General Manager SeaSide Wine & Spirits

'Tis the season and holiday shopping is upon us. Shopping can be fun, especially if you are in the market for a festive Champagne or Sparkling Wine. There are some important things to know when looking for a “bubbly” so that you can best decide which to purchase.

Champagne is a region in France, and only wines from this region can be called “Champagne,” all others are considered to be sparkling wine. Champagne is considered in many eyes to be the premier sparkling wine. There are large Champagne houses such as Taittinger, Veuve Clicquot, Perrier Jouet and Moët & Chandon which are very popular and sell extremely well. Smaller, less well known houses that have the grapes grown and produced on the property are called “Growers Champagnes.” These champagnes are becoming very popular since there is such time and care put into the winemaking process. These Growers Champagnes are of superb quality and are usually a very good value. Many other areas in France produce less expensive sparkling wines including the towns surrounding Champagne, Alsace and the small town of Limoux.

There are many different styles of Champagne and sparkling wine. The most traditional is a blend of Chardonnay, Pinot

Meunier and Pinot Noir. Blanc de Blancs is a sparkling made solely of Chardonnay. Blanc de Noirs is made from Pinot Noir and Pinot Meunier, which has a pinkish hue resembling the color of onion skin due to the grape skins having longer contact with the grapes. Rosé is considered the best wine of the winery and gets its color from still Pinot Noir being added during the winemaking process. Brut is a very dry sparkling wine, drier even than Extra Dry, and a lot less sweet than a Demi-Sec.

Sparkling wines are available from all different parts of the world which can be much less expensive than Champagne. The United States produces a good amount of sparkling wine, most notably in California, but also has a wide selection from Washington and New Mexico. Spanish sparkling wine is called Cava, and is traditionally made with Macabeo, Parellada and Xarel-Lo varietals. These wines are extremely approachable and are significantly less money than Champagne. Then there is the very popular Prosecco, a light and pleasing varietal from Italy. Prosecco has grown in popularity over the years, most likely due to its very reasonable pricing and friendly palate. For something a little sweeter Italy also produces fantastic Moscato d'Asti and Spumante sparkling wines.

With all this info you should have no problem picking out a perfect sparkling wine for the holidays. So raise your glass, and toast to the holidays with friends and family. Cheers!

## Middlesex Hospital Joins Mayo Clinic Care Network

Middlesex Hospital is the first health care organization from Connecticut to join the Mayo Clinic Care Network. Through the network, Mayo and Middlesex physicians will collaborate so more patients can get answers to complex medical questions and gain additional peace of mind, all while staying close to home. Network members remain independent, but share a common philosophy, commitment and mission to improve the quality and delivery of health care.

As a member of Mayo Clinic Care Network, Middlesex will have access to the latest Mayo knowledge. Network tools and services include:

- eConsults that enable Middlesex physicians to connect electronically with Mayo specialists when they want additional input on a patient's care.
- AskMayoExpert that provides Middlesex physicians with point-of-care, Mayo-vetted information on disease management, care guidelines, treatment recommendations and reference materials for medical conditions.

- eTumor Board Conferences that enable Middlesex physicians to present and discuss management of complex cancer cases with a multidisciplinary panel of Mayo Clinic specialists and other network members.

Through network resources, Middlesex providers also will be able to consult with Mayo Clinic on operational and business processes such as patient engagement; quality, safety and accreditation; nursing leadership; and physician engagement. Providers also will have access to Mayo's extensive library of educational materials for use with their patients and grand rounds presentations that feature Mayo physicians and scientists.

Since its inception in 1904, Middlesex Hospital has continuously maintained the highest standards in medical care while focusing on delivering the very best patient experience possible. It does this through state-of-the-art medical technology and innovative approaches to care, along with a highly experienced staff that embraces the mission and culture of the organization.



## Connecticut's Aging & Disability Resource Centers are known as "Community Choices"

### Who we are.

Community Choices is a powerful information hub linking older adults, persons living with disabilities, and caregivers in Connecticut to the services and supports they seek. Our dedicated staff can connect you to everything from a name and phone number to more detailed information regarding community services through activities such as benefit screening, options counseling, and care transitions.

### Who we can support.

- Older adults
- Persons aged 18 & over living with disabilities
- Caregivers
- Persons who want help communicating their needs
- Persons planning for future long term care needs
- Persons who want help navigating a complex system of federal, state, and local programs.

### How we can support.

Our dedicated staff and information specialists have experience in a number of different areas. Community Choices offers:

- Options Counseling
- Short Term Care Management
- Care Transitions
- Application Assistance
- Decision Support
- Follow-up
- Long Term Care Planning
- Benefits Screening
- Information & Assistance

### We can also connect you with services such as:

- Adult Day Care
- Disability Services
- Elder Abuse Prevention
- Employment, Financial, Housing and Equipment assistance
- In-home Services
- Legal Services
- Mental Health / Substance Abuse Services
- Transportation
- Nutrition

Ask us about these services to learn more! Contact Community Choices by calling 1-800-994-9422.

State Department on Aging / [www.ct.gov](http://www.ct.gov)

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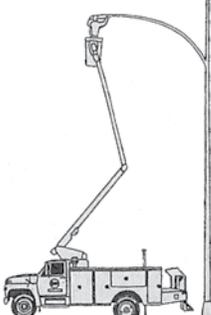
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# Influenza

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccine each year.

Signs and symptoms of flu: Fever\* or feeling feverish/chills; cough; sore throat; runny or stuffy nose; muscle or body aches; headaches; fatigue (very tired); some people may have vomiting and diarrhea, though this is more common in children than adults.\*It's important to note that not everyone with flu will have a fever.

**How flu spreads.** Most experts believe that flu viruses spread mainly by droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth, eyes or possibly their nose.

**Period of contagiousness.** You may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Most healthy adults may be able to infect others beginning 1 day before symptoms develop and up to 5 to 7 days after becoming sick. Some people, especially young

children and people with weakened immune systems, might be able to infect others for an even longer time.

**How serious is the flu?** Flu is unpredictable and how severe it is can vary widely from one season to the next depending on many things, including: what flu viruses are spreading; how much flu vaccine is available; when vaccine is available; how many people get vaccinated, and; how well the flu vaccine is matched to flu viruses that are causing illness.

Certain people are at greater risk for serious complications if they get the flu. This includes older people, young children, pregnant women and people with certain health conditions([http://www.cdc.gov/flu/about/disease/high\\_risk.htm](http://www.cdc.gov/flu/about/disease/high_risk.htm)) (such as asthma, diabetes, or heart disease).

Flu seasons are unpredictable and can be severe. Over a period of 30 years, between 1976 and 2006, estimates of flu-associated deaths in the United States range from a low of about 3,000 to a high of about 49,000 people.

**Prevent seasonal flu: Get vaccinated.** The single best way to prevent the flu is to get a flu vaccine each season. The quadrivalent flu vaccine protects against two influenza A viruses and two influenza B viruses.

## Old Lyme Town Hall • 860-434-1605 www.oldlyme-ct.gov

### Old Lyme Municipal Departments

<u>Department</u>	<u>Contact</u>	<u>Phone</u>
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Walter Kent	434-1605 x218
First Selectwoman	Bonnie A. Reemsnyder	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Skip Sibley	434-1605 x212
Building	John Flower	434-1605 x230
Emergency Management & Fire Marshal	David Roberge	434-1605 x231
Finance Director	Nicole Stajduhar	434-1605 x232
Harbormaster	Harry Plaut	434-1605 x212
Information Technology	Ruth Roach	434-1605 x237
Parks and Recreation	Don Bugbee	434-1605 x235
Police	TFC Gary Inglis	434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Sylvia Peterson & Don Tapper	434-1605 x226
Sanitarian	John Sievioc	434-1605 x229
Senior Center	Stephanie Lyon	434-1605 x240
Social Services	Valerie Goncalves	434-1605 x228
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Eileen Coffee	434-1605 x221
Treasurer	John Bysko	434-1605 x232
Zoning Enforcement	Keith Rosenfeld	434-1605 x225

#### OTHER AGENCIES

Library/Passports	Mary Fiorelli, Director	434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208

## Old Lyme - Community Listings

### USEFUL NUMBERS

CAMP CLAIRE . . . . .	(860) 434-0368
CONSUMER PROTECTION . . . . .	(860) 566-2294
LYMES' YOUTH SERVICE BUREAU . . . . .	(860) 434-7208
SENIOR CENTER . . . . .	(860) 434-4127
OLD LYME VISITING NURSE . . . . .	(860) 434-7808
OLD LYME HISTORICAL SOCIETY . . . . .	(860) 434-0684
9 TOWN TRANSIT . . . . .	(860) 510-0429
LYME/OLD LYME JR WOMEN'S CLUB . . . . .	(860) 501-9773
DEMOCRATIC TOWN COMMITTEE . . . . .	(860) 434-2271
REPUBLICAN TOWN COMMITTEE . . . . .	(860) 434-0740
LYME ART ASSOCIATION . . . . .	(860) 434-7802
VETERANS OF FOREIGN WARS - LYMES' POST 1467 . . . . .	(860) 434-4207
AMERICAN LEGION - POST 41 . . . . .	(860) 664-0047

### SCHOOLS

SUPERINTENDENT'S OFFICE DISTRICT 18 . . . . .	(860) 434-7238
MILE CREEK SCHOOL . . . . .	(860) 434-2209
CENTER SCHOOL . . . . .	(860) 434-7838
MIDDLE SCHOOL . . . . .	(860) 434-2568
LYME/OLD LYME HIGH SCHOOL . . . . .	(860) 434-1651
MULTICULTURAL MAGNET (NEW LONDON) . . . . .	(860) 437-7775

### COLLEGES

LYME ACADEMY COLLEGE OF FINE ARTS . . . . .	(860) 434-5232
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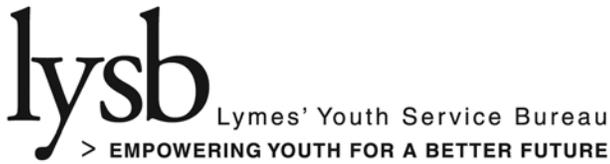
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# Lymes' Youth Service Bureau



**Babies First.** Tuesdays 10:00-11:00 am. Fee: \$40/5 weeks sessions. For new and expecting moms, or parents of children up to 12 months. Join us for social time and parenting discussions. Weekly topics of interest and guest speakers include issues and concerns commonly found during the first year of parenthood. Meeting in the casual and child friendly atmosphere of Mimi's Place at LYSB, nursing moms and diaper changing always welcome! Register at [www.lysb.org](http://www.lysb.org) or call 860-434-7208 x0.

**Playgroups At LYSB.** Baby Signs Playgroup: Mondays 9:30-10:45 am. (free). Mixed Ages: Wednesdays 9:30-10:40 am. Sensory Playgroup: Thursdays: 9:30-10:30 am.

Children (with their parent/caregivers) will enjoy circle and social time, free play, snacks, stories, crafts and outdoor time at Mimi's Place adjacent playground. Siblings always welcome. Each week the groups will explore a new theme. Our Baby Signs Playgroup on Mondays will explore your child's communication through signing and language. Our Sensory Playgroup on Thursdays will explore the senses. Squish, rattle, explode & roll...and leave the mess with us. Fee: \$40 per five week session. Register at [www.lysb.org](http://www.lysb.org) or call 860-434-7208 x0.

**Music With Margie.** Wednesdays, 10:45-11:15 am. This fall our music classes are free due to a generous donation. Music with Margie is a "joy-based" music and movement preschool program for young children based on the simple truth that children learn and retain knowledge through PLAY! By teaching in a multi-sensory fashion, using music, rhythm, and rhyme, children gain the skills they need for kindergarten in a setting of relaxation and fun. Enthusiastically performed, written, and taught by Connecticut-born Margie Warner. Weekly topics include everything from families to weather to dinosaurs – all in a fun, safe environment. Margie is a member of both ASCAP and the Connecticut Storytelling Center. Register at [www.lysb.org](http://www.lysb.org) or call 860-434-7208 x0.

**Infant Massage.** January 25, February 1 & 8, Mondays, 2:00-3:00 pm. Private appointments also available. Fee \$30. Register online at [www.lysb.org](http://www.lysb.org).

**1-2-3 MAGIC: Effective Discipline for Children 2-12.** February 11 & 18, 6:30-8:30 pm. A humorous look at parenting, a serious look at discipline. Based on the best-selling book, In this two part workshop you will learn: How to discipline without arguing, yelling or spanking; How to

control obnoxious behavior; How to handle the 6 kinds of testing and manipulation; 5 tactics for encouraging good behavior; What to do about bedtime, messy rooms, lying & chores; Homework, practicing and more; How to strengthen your relationship with your child. Pre-register online at [www.lysb.org](http://www.lysb.org) or call 860-434-7208 x0.

**Youth Advisory Council (YAC).** Every Wednesday 7:00-8:00 pm. YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us any Wednesday night. For questions call 860-434-7208 x0. Just show up, fun is guaranteed.

**Middle School After School Program.** Meets Tuesdays and Thursdays from 2:15 to 4:00 pm. Come hang out at LYSB and participate in a variety of crafts, games, and fun activities. Students can walk to LYSB after school and passes for the Late Bus will be provided. This is a drop in program open to any LOLMS student. Registration fee of \$30 and permission form required, available on our website [www.lysb.org](http://www.lysb.org).

**Elementary After School Club.** Every Wednesday 3:30 to 5:30 pm. For grades 2-5. Come to LYSB's Activity Center with your friends to play games, enjoy crafts, snacks, and more. Fun is guaranteed. Students from Center School will be escorted to LYSB. Students from Mile Creek & Lyme Schools will take the bus directly to LYSB. Fee is \$125 for the year. Register at [www.lysb.org](http://www.lysb.org) or call 860-434-7208 x0.

**Auditions for THE BIZZ.** Tuesday, March 15, 2016, 4:00-6:00 pm at LOLMS. Wednesday, March 16, 2016, 4:00-7:00 pm at LOLMS. **NOTE:** Appointments required for auditions. Call LYSB to book your audition 860-434-7208 x0 or online at [www.lysb.org](http://www.lysb.org). Visit our website for audition rules and info [www.lysb.org](http://www.lysb.org). The BIZZ will be held on Friday, April 8, 2016.

**Engineering For Homeschoolers.** Thursdays 10:00 am to 12:00 noon. Full course descriptions at [www.lysb.org](http://www.lysb.org) and click on Homeschool. TO REGISTER: Call 860-434-7208 x0 or [www.lysb.org](http://www.lysb.org).

**CHANGE HAPPENS: A Program For Children Of Divorce.** Wednesdays, 4:30-5:30 pm, started in October. Change Happens is LYSB's program for children and adolescents whose families are going through divorce, separation, remarriage, and custody issues. This program was designed to assist children through the continuum of family reorganization, change or upset. We will address self-esteem, issues of loss, communication and transition. Hands on activities will help young people express themselves. All young people who are managing the emotions and hurdles of family transitions will benefit from this program which will be held at LYSB and led by a licensed clinical social worker. Fee: \$90 for six week sessions. Pre-register by calling LYSB at 860-434-7208 x0. All calls are confidential.

**Continued on page 33**

YOUTH SERVICE BUREAU...continued from page 32

**Sitter Safety Class.** Four Mondays: March 7, 14, 21 & 28, 2:15-4:00 pm. An intense sitter safety and training course appropriate for babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Fee is \$50 and includes supplies, snacks, and guest speakers. Call LYSB to pre-register at 860-434-7208 x0.

**CPR For Babysitters.** Monday, April 4, 2016. Session One: 2:15-3:45 pm or Session Two: 4:00-5:30 pm. Add this valuable class to your LYSB babysitter's course and learn how to save a life. Learn CPR and how to clear a blocked airway in children and infants. Parents want to hire babysitters who know CPR and can help kids who are choking. Instructors will teach you everything you need to know to provide lifesaving care during a cardiac or choking emergency in this 2-hour class. Class cost is \$45 and awards a Certificate of Completion. Contact LYSB to pre-register at 860-434-7208 x0.

**Youth Job Bank.** Do you need a babysitter? Yard work needing to be done? Dog walking? Odd Jobs? Call LYSB to hire local youth who are interested in working for you! L/OL youth in grades 6-12 who are interested in adding your name to our Job Bank, fill out an application on our website [www.lysb.org](http://www.lysb.org) 860-434-7208 x0.

**Lyme-Old Lyme Prevention Council.** CASFY: Community Action for Substance Free Youth. Meets on the 1st Tuesday of the month at 7:00 pm at LYSB. Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting.

**Survivors of Suicide Loss Support Group of Southeastern CT.** Joining hands as we walk on this journey together towards healing one breath at a time. We are a group of survivors, together to offer support, comfort, and understanding. Our group provides an atmosphere of acceptance for exploring feelings that are often not understood by others. It offers a chance to share helpful resources, and to give and get support through the long grief process. Meeting times: 1st & 3rd Thursday of each month at 6:30 pm at LYSB, 59 Lyme Street, Old Lyme, CT.

**Mental Wellness Discussion Group.** We meet on the 2nd Tuesday of the month at 7:00 p.m. at LYSB to discuss issues regarding mental health in Lyme and Old Lyme. We welcome newcomers at each group and look forward to your participation and ideas.

**Journey Beyond Divorce.** A support group for parents about divorce. Meets on the 3rd Wednesday of the month, 6:00-8:00 pm at LYSB. Are you in the middle to the divorce process or has your divorce been finalized but you would still like support? Are you having difficulties communicating with your co-parent? Are you

feeling isolated, lonely or confused? New support group beginning at the LYSB: Join others who are experiencing similar changes and difficulties for an opportunity to discuss feelings and ask questions. Group will be led by an experienced licensed clinical social worker who understands the process of recovering from divorce. Contact LYSB for fee and date info 860-434-7208 x0.

## Transfer Station/ Landfill Hours

The Transfer Station is located on Four Mile River Road and is open Tuesday-Friday, 7:30 am-3:45 pm, Saturday, 8:30 am-4:00 pm. Closed Sunday and Monday. Tax payers vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Stickers are available in the Selectman's office. Bring proof of property address (i.e., tax bill, mortgage statement or closing papers), along with registration.

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# Old Lyme Alerts

Our community has “weathered” more than our share of serious storms in the last few years and our Town wants to help you be prepared for – and stay safe during – any emergency situation.

Irene, Sandy, and Nemo left most of us without power for a week.

The Respite Center at the Senior Center was opened for hot meals and electrical power for recharging phones and laptops.

Volunteers helped deliver newsletters and supplies to neighborhoods in need.

**OLD LYME ALERTS** will allow us to provide you with important messages in the way that you specify – texts or calls

to your cell phone, calls to your home or business phone, emails to your home or work. You tell us the best way to contact you, and we’ll do the rest.

Many of you have already enrolled in **Old Lyme Alerts** but our goal is 100% participation. If you haven’t already enrolled, just follow the instructions & complete an Old Lyme Alerts form, available at the Town Hall, OLPGN Library, and Senior Center.

Let’s work together to keep everyone in our community safe.

Best Regards,  
Bonnie A. Reemsnyder, First Selectwoman

The Town of Old Lyme has launched **Old Lyme Alerts**, an Emergency Notification System.

Residents and business owners can register with their preferred contact information in order to automatically receive messages from the Town about emergency or urgent situations. We can let you know if a health crisis poses a threat; if a fire or accident will restrict access to neighborhoods; and, of course, if our community needs to prepare for another impending hurricane or winter storm. The contact information you provide is protected. It will not be used for any other purpose.

Even if you have already registered for notifications through the state system (ctalert.gov), you will want to register for local Old Lyme Alerts.

Register online today (visit [www.oldlyme-ct.gov](http://www.oldlyme-ct.gov) and follow the link) or complete the form below. Please print clearly

Name \_\_\_\_\_ Old Lyme Street address \_\_\_\_\_

Mailing Address \_\_\_\_\_

How would you prefer to be contacted by the Town? Please indicate your preference below, entering 1 for the best way to contact you, 2 for the second best way, etc.

Enter 1,2, etc.	Please print clearly below	Enter 1,2, etc.
_____	cell phone texts _____	_____ cell phone calls _____
_____	home phone _____	_____ work phone _____
_____	other phone _____	_____ personal e-mail _____
_____	work e-mail _____	_____ other e-mail _____
_____	TTY device _____	

Are you interested in receiving e-mail messages about community and town sponsored events? Please circle: Yes No (We will send you information about subscribing to the Town website). Mail it or drop off this form at the Town Hall, the Lymes’ Senior Center, or the OLPGN Library.

**We Can’t Contact You if We Can’t Reach You!**

# OLPGN Library Friends Winter

## Old Lyme-PGN Library Friends Plan Hot Havana Night for Bookworm Ball

Old Lyme's popular Bookworm Ball will take place on March 19th at the Old Lyme Country Club, and planners are expecting an especially strong turnout. *A Night in Havana* is this year's theme and by mid-March many residents should be more than ready for some hot Cuban rhythms and a tropical atmosphere.

The Bookworm Ball is always a welcome break for the winter weary, a great escape from long weeks of cabin fever and a popular party that raises funds for a beloved library. The hot Havana theme is likely to make this year's event an even bigger hit. The dedicated members of the OL-PGN Friends Council whose hard work and creative flair always guarantees a fun event are urging people to save the date, Saturday, March 19th, now.

*A Night in Havana*, aka the 2016 Bookworm Ball, will also be the last night of winter – the eve of the first day of spring – which will certainly be another reason to celebrate.

The Library Friends is a non-profit organization that pledges to raise more than \$40,000 annually to buy new books and bring educational programs for tots, teens, and adults to the Library. Tickets to *A Night in Havana* will be available after January 1st, 2016 by calling or visiting the Old Lyme Phoebe Griffin Noyes Library or by going online to <http://www.oldlyme.lioninc.org/bookworm-ball-2016/>.

More details about featured entertainment, related activities and library programming will be available in coming weeks. To inquire about sponsorship opportunities, contact Stephanie Romano at [PGNLibraryFriends@gmail.com](mailto:PGNLibraryFriends@gmail.com) or call the library at (860) 434-1802. Sponsorship information is also available at <http://www.oldlyme.lioninc.org/bookworm-ball-2016/>.

## Opt Out of the Yellow Pages

Yellow Pages publishers across the country have joined together in creating an official opt out site: **YellowPagesOptOut.com**

It is a one stop shop for people to limit or stop the delivery of print directories to their homes. More information at: [www.YellowPagesOptOut.com](http://www.YellowPagesOptOut.com)



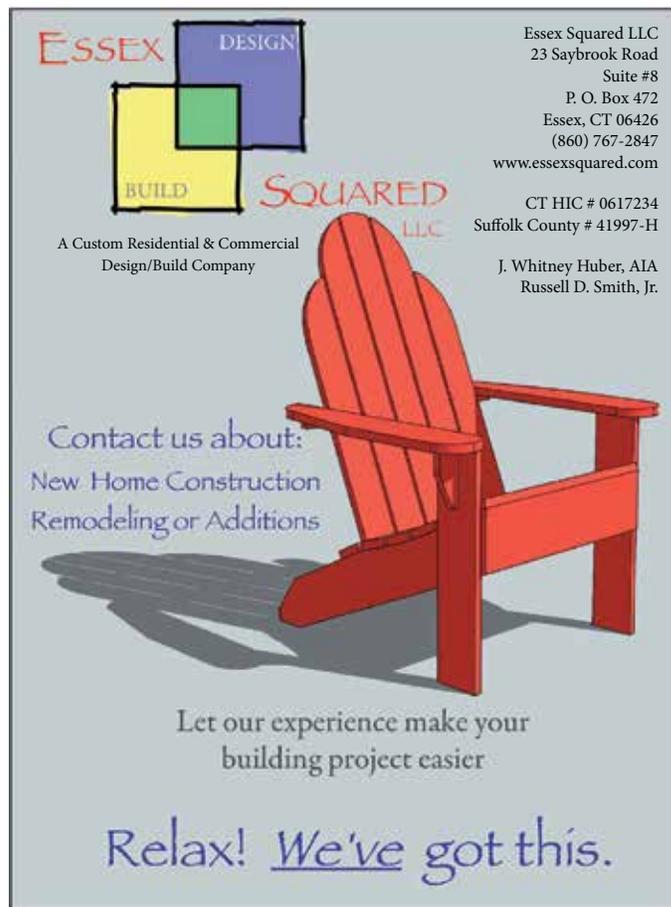
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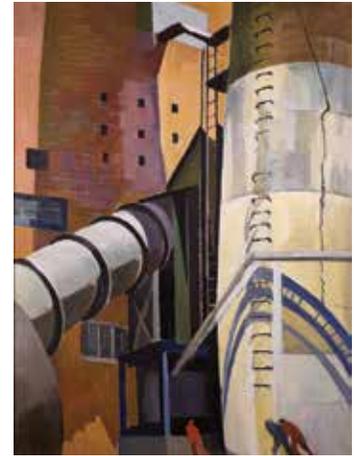
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## The Florence Griswold Museum

### Magic of Christmas

December is particularly delight-filled at the Museum. During the *Magic of Christmas* from December 3, 2015 – January 3, 2016 visitors enjoy Miss Florence's Artist Trees, designer Fantasy Trees, and the Florence Griswold House decorated for a 1910 Christmas. Christmastime Teas, special events for families, and hands-on crafts for children and adults are sure to bring holiday cheer! Go to [FlorenceGriswoldMuseum.org](http://FlorenceGriswoldMuseum.org) for details.



On loan from the Mystic Arts Center, *Industrial Scene, Montville Stacks*, after 1934 by Beatrice Cuming shows a perhaps different kind of landscape than expected in the current exhibition *The Artist in the Connecticut Landscape*.



Russ Kramer's "Winter Visit" is one of nine new palettes for *Miss Florence's Artist Trees*.

### Winter Studies Course offers insight into "The Early Moderns"

Join Dr. Mark J. Schenker, Dean of Academic Affairs, Yale College and former lecturer in English for *Modern British Literature and Culture from 1900 to the Eve of WWII*, a series of lectures on the poetry, fiction and art of Great Britain in the first four decades of the 20th century. The survey reflects how writers and artists of the day responded to events that included the sinking of the Titanic in 1912, the influenza pandemic of 1918, the Great Depression, and two World Wars. Readings are drawn from the poetry of Thomas Hardy and A. E. Housman; of soldiers in the First World War and William Butler Yeats; and from the fiction of Joseph Conrad and Ford Maddox Ford; E. M. Forster and D.H. Lawrence; James Joyce and Virginia Woolf.

Lectures take place on Fridays, February 12 – April 22 from 4-6 pm. The fee is \$225 for Museum Members and \$250 for Non-Members. For more information or to register, visit [FlorenceGriswoldMuseum.org](http://FlorenceGriswoldMuseum.org) or call 860-434-5542 x 111.

### The Artist in the Connecticut Landscape

The current exhibition at the Florence Griswold Museum in Old Lyme highlights the state's role in the development of American landscape painting. *The Artist in the Connecticut Landscape*, on view through January 31, 2016, marks the completion of an expansive online project to add more than 400 digital images to Connecticut History Online ([cthistoryonline.org](http://cthistoryonline.org)), a decade-old collaborative digital library of more than 15,000 drawings, prints, and photographs depicting historic images of Connecticut. The exhibition draws from the collections of partner institutions to present highlights that include some of the most renowned depictions of Connecticut from the 18th to the 20th century.



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# Musical Masterworks

Saturday, February 13 at 5 pm

Sunday, February 14 at 3 pm

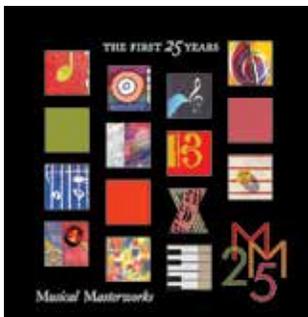
**Beethoven: The Complete Works for Piano and Cello.** Don't miss this special opportunity to hear Beethoven's complete works for piano and cello, performed by our favorite duo, Edward Arron and Jeewon Park. Ed and Jeewon will take you on a fascinating musical journey that will cover the arc of Beethoven's career. **The two different programs, on Saturday evening and Sunday afternoon, will include three charming sets of variations and five monumental sonatas.** *For those who plan to attend both programs, we are pleased to offer a 50% discount on tickets to the additional concert.*

Jeewon Park, piano  
Edward Arron, cello

Saturday, March 12 at 5 pm

Sunday, March 13 at 3 pm

We are delighted to welcome back



Cover design for Musical Masterworks' 25th Anniversary commemorative book, *The First 25 Years*. The cover features details of the many program covers created by world-renowned designer Peter Good, who is responsible for the bold style that has become the hallmark of Musical Masterworks' distinctive look.

the fabulous violinist Tessa Lark, who has enchanted our audiences with her incredible virtuosity and charm. And we are equally excited about presenting the versatile and brilliant pianist, composer, and host of NPR's acclaimed program "From the Top,"



Edward Arron, Artistic Director.  
Photo by: Hak-Soo Kim.

Christopher O'Riley. Tessa and Christopher will join Edward Arron in a diverse program spanning four centuries – from Bach to Dvořák and Ravel, to Arvo Pärt and O'Riley!

Christopher O'Riley, piano  
Edward Arron, cello  
Tessa Lark, violin



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# Discover Studio 80 + Sculpture Grounds in the Heart of Old Lyme

Many Old Lyme residents are unaware of a hidden treasure open 365 days a year with free admission right in the center of their town.

Travel down the driveway on Lyme Street on the southern side of Lyme Academy College and you will reach Gilbert V. Boro's expansive Sculpture Grounds. There you will find more than 100 pieces of abstract sculpture on display throughout the stunning 4.5 acre property that slopes gently down to the Lieutenant River. The works range from small pieces to outsize creations – the vast majority were created by Boro in his on-site studio, which is also open to the public, while the remainder are by a selection of contributing artists.

Open daily from 9 am to 5 pm, the grounds offer visitors a memorable experience during which they can not only see and touch Boro's sculptures at close range but also view them from a multitude of angles in the ever-changing light. Children are especially welcome and, in an unusual gesture exemplifying his commitment to inclusive art, Boro allows them to clamber freely over his sculptures.



Inside Gilbert Boro's studio

Boro has been deeply involved in the arts for more than 50 years enjoying an extraordinary and distinguished career as a professional architect, educator and international design consultant, but through it all he has been a sculptor. He has

Continued on page 39

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degrees from Duke and Columbia Universities and has also received a wide range of fellowships and awards. His work has been exhibited in galleries, art centers and public art venues across the US and throughout Europe and also purchased by private collectors, corporations and foundations.

Contact us at 860.434.5957 or visit our website at [www.gilbertboro.com](http://www.gilbertboro.com) to sign up for our newsletters and view a listing of our special events throughout the year.

View across by Studio 80 + Sculpture Grounds showing (from left to right) 'Word Chain', 'Balls Beams & Curves-Violet Blue' and 'Scirocco', all sculptures by Gilbert Boro.

## Cappella Cantorum

**Messiah Sing or Listen at the Kate**, December 20, 3:30 pm rehearsal; 4 pm to listen. 300 Main Street, Old Saybrook. Tickets available through the Box Office, 877-503-1286, [www.thekate.org](http://www.thekate.org).

**Mozart REQUIEM Registration**, Monday, January 4 or 11, 7 pm, John Winthrop Middle School. Also includes Mozart's

REGINA COELI. Registration and Membership \$60 online [CappellaCantorum.org](http://CappellaCantorum.org) or at registration. Soloists: Patricia Schuman, Heather Petrie, Brian Cheney and Christopher Grundy. Monday rehearsals.



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# Duck River Garden Club: Events for the Year Ahead

## Winter 2016

Duck River Garden Club meets at 7:00 pm on the second Monday of each month at Lymes Senior Center, Town Woods Road in Old Lyme. Visit our updated website at [www.oldlymeduckrivergc.org](http://www.oldlymeduckrivergc.org). Call Kathy Burton (860) 434-8024 or Barbara Rayel (860) 434-2354 for more information about becoming a member.

## Upcoming Events for the New Year include:

Monday, February 8, Presenter: Tom Kalal – Cranberry Meadow Farm Program: *Honey Bees, Pollination, and Food*. A beekeeper for 10 years, he will discuss with the audience how we, around our homes, can encourage healthy bees and help them continue to provide us with the food we need to sustain life as we know it.



Suzanne Thompson and daughter Meredith.

Monday, March 14, Presenter: Paul Armond – Program: *Genetically Modifying Our Foods: 10,000 Years of Experience in Altering Our Food's Genetic Make-up*. Paul will speak about scientific



Duck River Garden Club Members gather to enjoy the Annual Wreath-making event for 18 public buildings in Old Lyme. Members include L.to R. Linda Cantner, Tammy Byron, Agnes O'Connor, Diana Blair and Beverly Ahlers.

self-evident truths, the philosophy of change (science or otherwise), a historic review of genetic modification. This will

**Continued on page 41**

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DUCK RIVER GARDEN CLUB...continued from page 40

include a discussion regarding whether genetically engineered foods are safe to eat.

Monday, April 11 at 6:30 pm. Trip to Ballek's Garden Center.

**Please note change in time and location for this meeting.**

Presenter: Nancy Ballek Mackinnon. Program: *Creating a Miniature Garden: Terrariums for Family Fun*. At this hands-on workshop, you will learn to create and build a miniature garden in a terrarium setting. You're welcome to bring your own container or find one at the shop for purchase (10% discount).

Monday, May 9, Presenter: Trish Manfredi. Program: *Everyday Flower Arranging with Fun and Flair*. Featuring exciting uses of color and texture, Trish Manfredi will create unique floral designs for the home. Using every day and unusual containers, she'll combine fresh flowers, foliage, fruits and vegetables in interesting ways.

## Mental Wellness

In the spring of 2015, a series of "Community Conversations" regarding mental health took place at Old Lyme Town Hall. Community members came together on three separate occasions to share a vision for fostering mental wellness in our close-knit community.

We were encouraged by the strong support of parents, grandparents and caregivers, as well as medical and health professionals who were in attendance. Several local leaders joined us, including Old Lyme First Selectwoman Bonnie Reemsnyder, Old Lyme Selectwoman Mary Jo Nosal, State Senator Paul Formica and State Representative Devin Carney. We received overwhelmingly positive feedback, reinforcing our belief that there is a need for additional support services.

Our Mental Wellness Group is committed to removing the stigma and misinformation associated with mental illness. We offer a proactive approach in working to create a safe, inclusive community where individuals and their families feel supported. Additionally, we seek to provide resources for those in our community affected by mental health issues.

Monthly meetings are held at the Lymes' Youth Service Bureau. We encourage your participation and hope you will join us.

Please contact [olcommunityconversations@yahoo.com](mailto:olcommunityconversations@yahoo.com) for more information or to be placed on our mailing list.

Liz Rubitski, Town of Old Lyme Representative on the Region II State of CT Mental Health Board, Catchment Area Council #10

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# Midsummer Festival Celebrates 30 Years!

This summer marks the 30th Anniversary of Old Lyme's Midsummer Festival. Mark your calendars for Saturday, July 30 for this highly anticipated summer event – a town-wide celebration of the arts.

The town is pulling out all the stops in honor of this special anniversary. Artist demonstrations and sales, artisan craft shows, musical performances, a dog parade, an outdoor market, creative activities for kids and adults, and great food are just some of the wonderful things you will find during the Old Lyme Midsummer Festival.

Since the early 20th century Old Lyme has been known to artists and art lovers alike as a haven for the arts. This quintessential New England celebration for all ages takes place in the heart of Old Lyme's historic district, with activities spanning locations along Lyme Street – the Florence Griswold Museum, the Lyme Art Association, and the Lyme Academy College of Fine Arts. This year, the festivities continue at the Old Lyme Inn and Studio 80 + Sculpture Park. As the Festival date draws closer, more information will be available on [www.OldLymeMidsummerFestival.com](http://www.OldLymeMidsummerFestival.com).



From musical performances to artisan craft shows and a dog parade to an outdoor market, every member of the family will be kept busy!



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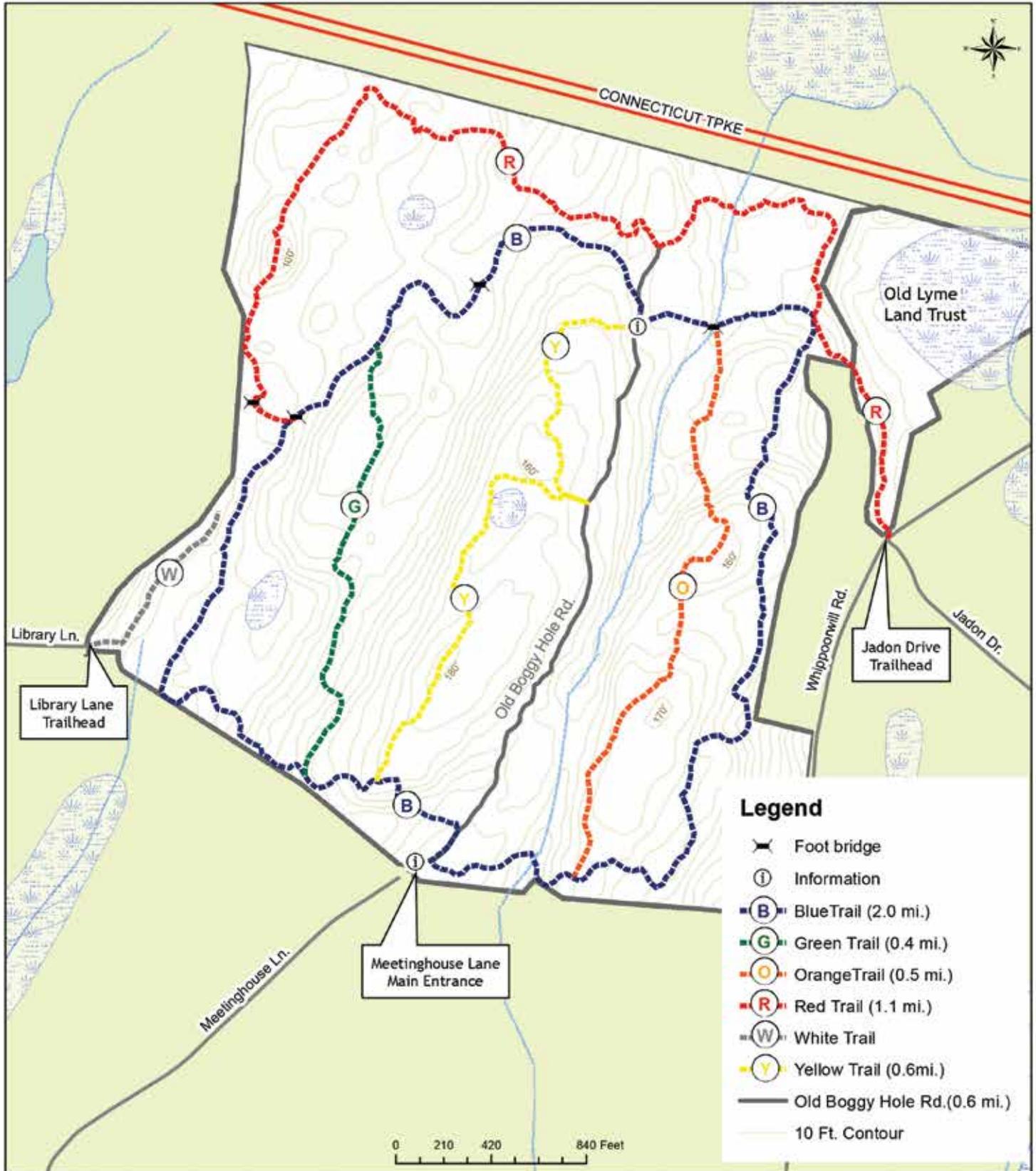


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# High Hopes Hosts Chili Open House March 5

High Hopes Therapeutic Riding in Old Lyme is hosting an informative and delicious Chili Open House on Saturday, March 5, from 11 am to 1 pm. The event will give the community the opportunity to learn about one of the top therapeutic riding centers in the nation, while enjoying refreshments including chili with all the fixings!

The open house is informal, child friendly and your visit can be as long or short as your schedule allows. The public can take a tour of the facility, meet some of the 25 horses and watch a therapeutic riding class in session.

Those looking to make new friends and make a difference can learn about High Hopes volunteer program to see how they can help enrich the lives of others in a way that fits their schedule. High Hopes has openings for sidewalkers,

office help, barn assistance, special event planning and more. In addition, summer camp staff will be on hand to talk about the volunteer opportunities for the 2016 summer camp programs.

High Hopes is one of the oldest and largest therapeutic riding centers in the United States, operating since 1974 and accredited by PATH Intl. since 1979. Annually, High Hopes serves more than 1,500 individuals. Assisted by more than 675 volunteers and a herd of 27 horses specifically trained for therapeutic riding, High Hopes is committed to providing the highest quality of services to the community.

High Hopes is located at 36 Town Woods Road in Old Lyme. Please RSVP by calling 860-434-1974 to help us in our chili-making planning. We hope to see you!



For more information and directions call 860-434-1974 or visit [www.highhopestr.org](http://www.highhopestr.org).

*"Experience the Difference" at The Saybrook at Haddam.*

## Mom has Blossomed!

"Mom's memory loss meant her way of life was changing, but we did not want her quality of life to change as well. We are so happy – and a little surprised – at how quickly she settled into her new home and routine at Safe Harbor, which is different from other memory care communities. She really has blossomed by making new friends, and even learned new things," says Beryl Thorpe, Doris Whitmore's daughter.

Let your loved one "experience the difference" at the Safe Harbor Memory Care Neighborhood in The Saybrook at Haddam, where people do blossom. With a kind staff, bright studio apartments, cozy social areas, outdoor gardens, and many opportunities for activity and involvement, we take memory care to a wonderful new level.

*Expansion opens January 1, 2015! Call 860-345-3779 for a personal tour.*



*Resident Doris Whitmore with daughter Beryl enjoying a cup of tea in the country kitchen.*



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